

HCP_2024_37	Date	Time
Lab 1	Tuesday, July 16, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
BREAK	Tuesday, July 23, 2024	Online coursework and coaching practice
BREAK	Tuesday, July 30, 2024	Online coursework and coaching practice
BREAK	Tuesday, August 6, 2024	Online coursework and coaching practice
Lab 2	Tuesday, August 13, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
Lab 3	Tuesday, August 20, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
Lab 4	Tuesday, August 27, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
Lab 5	Tuesday, September 3, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
Lab 6	Tuesday, September 10, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
Lab 7	Tuesday, September 17, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
Lab 8	Tuesday, September 24, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEST)
BREAK	Tuesday, October 1, 2024	Online coursework and coaching practice*
Lab 9	Tuesday, October 8, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)
Lab 10	Tuesday, October 15, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)
Lab 11	Tuesday, October 22, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)
Lab 12	Tuesday, October 29, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)
Lab 13	Tuesday, November 5, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)
Lab 14	Tuesday, November 12, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)
Lab 15	Tuesday, November 26, 2024	7.30-9.30pm (NZT), 5.30-7.30pm (AEDT)

\*Daylight savings change from AEST to AEDT