

HCP_2024_38	Date	Time
Lab 1	Monday, August 19, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEST)
BREAK	Monday, August 26, 2024	Online coursework and coaching practice
Lab 2	Monday, September 2, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEST)
Lab 3	Monday, September 9, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEST)
Lab 4	Monday, September 16, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEST)
Lab 5	Monday, September 23, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEST)
Lab 6	Monday, September 30, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEST)
Lab 7	Monday, October 7, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)*
Lab 8	Monday, October 14, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
Lab 9	Monday, October 21, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
BREAK	Monday, October 28, 2024	Online coursework and coaching practice
Lab 10	Monday, November 4, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
Lab 11	Monday, November 11, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
Lab 12	Monday, November 18, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
Lab 13	Monday, November 25, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
Lab 14	Monday, December 2, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)
Lab 15	Monday, December 9, 2024	6.30-8.30pm (NZT), 4.30-6.30pm (AEDT)

**Daylight savings change from AEST to AEDT*